

'Under the weather' form

Schools may provide a short form for parents or carers to complete where a child is feeling mildly unwell ('under the weather') but can still attend school.

An example template is provided on the following page and can be adapted to suit your school. Schools can recreate this as a Google or Microsoft Forms to integrate with your own systems.

When a form is submitted:

- A trusted adult should check how the pupil is feeling at points through the day
- If symptoms worsen, appropriate action should be taken, e.g. seeking medical advice if required and/or arranging for the pupil to go home.

This approach can help reassure parents and pupils enough to give school a go, when otherwise the pupil might have stayed at home.

We know it can be difficult to send your child to school if they aren't quite feeling 100%.

If you want your child to give school a go, this form lets our staff know they are 'under the weather', so they can keep an eye on them and help quickly if they start to feel worse.

The NHS online guidance '[Is my child too ill for school?](#)' [or attach the NHS poster provided in this guide] gives advice on when to keep your child at home and when it might be better to send them into school.

- 1. What is your child's name?*

- 2. What class/tutor group is your child in?*

- 3. What is your name?*

- 4. What's your relationship to the child?*

- 5. Please describe how your child is feeling and any symptoms they have.*

- 6. Is your child's illness related to a long-standing medical condition?*

- 7. Has your child taken any medication before coming into school? Which ones?*

- 8. How would you like us to contact you if they feel worse while at school?
Please provide a phone number.*

- 9. Is there anything else we should be aware of?*